

## Roundtable Notes from Breakfast Club, March 2

*The groups were given the follow questions to prompt conversation:*

- What was the most striking moment in the conversation for you?
- Where does moral courage fit into a leader's journey?
- What role does authenticity have in our leadership journeys?
- How can we develop safe spaces for people?
- How can we enable people to be morally courageous?
- What is your key take-away from the conversation?

*Here are some key points from each group:*

### **Group 1**

The ability to always have respect for people no matter how they treat you. Be calm and don't respond the same way.

Moral courage is drawn from your own values. Gives you a sense of purpose and motivates you to act. This is how good leaders begin.

Being yourself, telling your story, motivates others and motivates you. Authenticity helps you to build trust with others.

### **Group 2**

The importance of praising yourself

'Write your own story' about yourself

It is important to acknowledge fear and use it

It is crucial to celebrate the little wins in your life

### **Group 3**

We need to learn how to take compliments

We need to learn from our failures

We should fail again and fail better!

We are programmed to be followers; we should not be afraid to go against the rules

#### **Group 4**

When you're trying to make an impact, it is important to find your 'tribe'

Work with like-minded people

Harness your anger and let it motivate you

#### **Group 5**

The importance of perseverance in reaching your goals

We need to develop our resilience and our grit

Learn to challenge the status quo

#### **Group 6**

You have to be unapologetically you and be true to your brand and others will follow

Being authentic to yourself as a leader

To be authentic, you have to be led by your moral courage

#### **Group 7**

Safe spaces require people to take the time to really listen to others – listening to understand, recognise that people have different perspectives and come from different places.

Asking people for their perspective can be an active role for a leader – ask with empathy, creating structures where people are encouraged to express themselves.